

## A Psychodynamic approach to Early Trauma

Fridays 2:00pm to 5:00pm

Dates: 22<sup>nd</sup> and 29<sup>th</sup> September 2017

These two seminars will explore what we mean by “early trauma” and how to recognise the signs and symptoms that may be presented in the therapeutic relationship.

Trauma is a complex subject that may feel daunting both in the thinking about and the handling of clients in this place. Noelle Adler asks the question “Is it possible to do anything if you are not an EMDR or trauma expert?” Noelle is looking to address this question and offer a psychodynamic response to the difficulties posed by early trauma.

The workshop will consist of teaching, discussion and experiential work. Case study material is encouraged.

**Noelle Adler** is passionate about psychodynamic work; she is an experienced trainer and has run a number of trainings for SCC. Noelle is a BACP accredited Counsellor and supervisor working with individuals and couples both within the NHS and privately. She has taught on the Certificate, Diploma and Postgraduate courses in psychodynamic counselling at Totnes. Noelle also works with Cathy Towers delivering training and workshops in Exeter.

Cost: £60 (£30 per seminar). Please contact Vikki (Administration Manager) if you would like to discuss payment options

Confirmation of a place can only be made on receipt of full payment. Please book early as limited places available.

**Venue:** SCC, Apsley House, Tower Street Taunton TA1 4BH

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To book a place on Early Trauma 22<sup>nd</sup> & 29<sup>th</sup> September, please complete and return

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Tel: \_\_\_\_\_

Email: \_\_\_\_\_

Do you have any special requirements i.e. dietary or mobility? Yes/No (If yes please give details)

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I would like to pay by cheque  which is enclosed for £60

Please make cheques payable to the **Somerset Counselling Centre**

I would like to pay by BACS  £60 Lloyds TSB, Sort Code: 30-98-45, Account number: 01709390

**Please note that there is a £15 charge for cancellation for any reason within a month of the date of training. There will be no refund for cancellations within 2 weeks of a CPD**

Where did you hear about us? \_\_\_\_\_

**Return to:** Vikki Waterman, Administration Manager  
Somerset Counselling Centre, Apsley House, Tower Street, Taunton. TA1 4BH  
Telephone: 01823 337049 - Email contact: vikki.waterman@scctaunton.org.uk