

Planned or Forced Endings How we manage them?

Saturday 21st January 2017 11.00am - 4.00pm

Endings is an integral part of the therapeutic process. This workshop will be focussing on endings which have been imposed on either by the therapist or the client.

Anne Power is an attachment-based psychoanalytic psychotherapist working with individuals and couples. She also teaches at Regent's University London. She has recently published a book entitled 'Forced Endings in Psychotherapy & Psychoanalysis which explores the process of retirement and/or having to impose ending on the work with a client.

In this workshop Anne Power will be drawing on attachment theory to help understand how the therapeutic couple cope with an imposed separation.

The day will focus on:

- What makes for a good enough ending?
- Can we recognise any pattern in how we manage endings with clients?
- How do we cope when a patient leaves prematurely, perhaps after an impasse between us?
- Under what circumstances would we impose an ending on a specific client and refer them on?
- What if we plan to impose an ending because of our own need (for maternity leave, illness, retirement) – how does it feel to impose our agenda onto our clients?
- What happens to clients (and therapists) in the post-termination phase of the work?
- What about endings in supervision – does it sometimes go on too long?

Cost per Workshop: £55 (external) - Confirmation of a place can only be made on receipt of full payment. Please book early as limited places available. **Venue:** SCC, Apsley House, Tower Street

To book a place on 'Planned or Forced Endings', please complete and return

Name: _____

Address: _____

Tel: _____

Email: _____

Do you have any special requirements i.e. dietary or mobility? Yes/No (If yes please give details)

I would like to pay by cheque which is enclose for £55

Please make cheques payable to the **Somerset Counselling Centre**

I would like to pay by BACS £55 Lloyds TSB, Sort Code: 30-98-45, Account number: 01709390

Please note that there is a £25 charge for cancellation for any reason within a month of the date of training. There will be no refund for cancellations within 2 weeks of a CPD

Where did you hear about us? _____

Return to: Vikki Waterman, Administration Manager
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